



Motor Control and Learning: A Behavioral Emphasis (Hardback)

By Richard A. Schmidt, Timothy D. Lee

Human Kinetics Publishers, United States, 2011. Hardback. Condition: New. 5th Revised edition. Language: English . Brand New Book. This book is significantly updated with current research, new learning features and more references. This outstanding introduction to the field focuses on motor behaviour that can be observed directly as well as the many factors that affect the quality of these performances and the ease with which they can be learned. This long-awaited new edition frames the important issues, theories, people and research from the field in a reader-friendly way, giving students a clear introduction to the most current information available. Schmidt and Lee, respected researchers and authors have refreshed this classic and comprehensive text.



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