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Change Your Posture! Change Your Life! Affirmation Journal Vol. 5: Diligence (Paperback)

By D Nicole Williams

Sh Shares NETWORK, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Change Your Posture! Change Your LIFE! Affirmation Journal Vol. 5: Diligence If you've ever wondered why your daily recitations seemed grossly ineffective, look no further-- your solution is HERE! This is no ordinary book of affirmations! Change Your Posture! Change Your LIFE! Affirmation Journals quickly facilitate formidable transition toward betterment by adding interactive tasks and journal prompts into the coaching process. Purpose-driven readers become impactful change agents in their own lives through daily application of this intuitive life guide! Diligence is our topic for this volume. This month, we learn about practices that keep us on track toward our goals. Through diligence, we commit not only to our goals, but we also commit to ourselves! ? ? ? ? ? DILIGENCE AFFIRMATION (Repeat this aloud) Diligence is zeal and my personal integrity to be persistent! It is decisive effort and work ethic that protects me against laziness. Diligence is maintaining my personal convictions at all times. For more on DILIGENCE, buy the book! A Note From the Author: Hello Hello!!! Thus far, we have traversed our #PostureChangers path gracefully, yet. diligence is one concept that is not...



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