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Her Own Way: Creating an Authentic Life (Paperback)

By Lee Anne White

Whitespace Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.What should I do with my life? How can I make a difference? Where do I fit in? And how do I begin? If you are a college woman or recent graduate, you may already be exploring these and other big life questions. While they may not have easy answers, much of what you seek is within you if you just slow down long enough to look deeply within your heart. Other answers will come as you embark on your journey. Her Own Way can help you explore these big questions and begin that journey-to make decisions based on your own nature, values, passions, and dreams. The book provides insight and encouragement from both the author and other women, as well as journaling prompts and creative exercises to help you take the first steps toward realizing your potential, tapping your talents, becoming your best self, and living authentically. You ll begin to develop a creative mindset for navigating the unfamiliar, yet exciting places your life will lead.



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