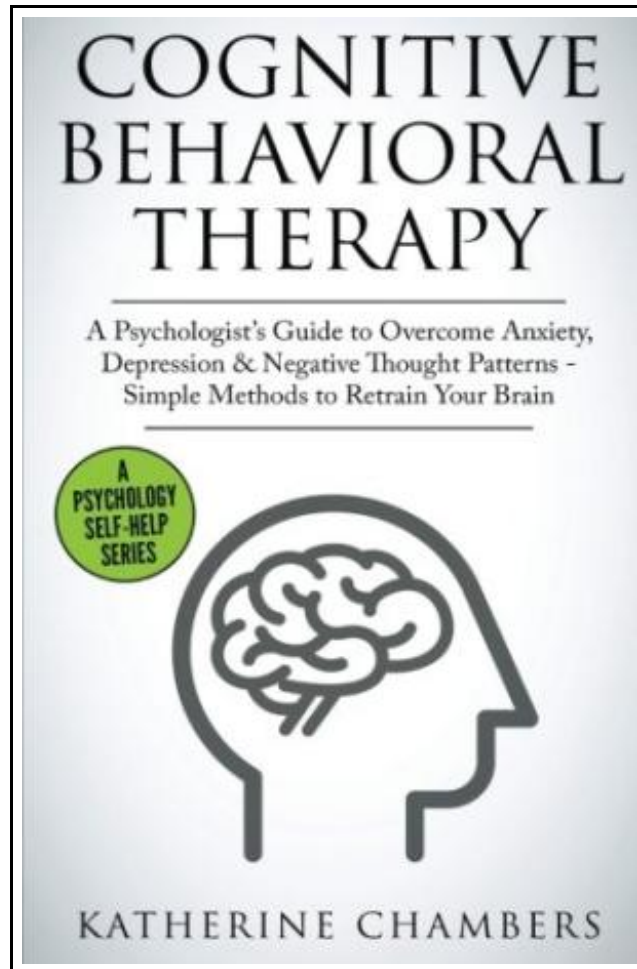


## Cognitive Behavioral Therapy: A Psychologist's Guide to Overcome Anxiety, Depression Negative Thought Patterns - Simple Methods to Retrain Your Brain (Paperback)



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