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## Fast Easy Emotional Trauma Ptsd Treatment: A Revolutionary Therapy to Gain Emotion Control and Quickly Get Over a Breakup, Abuse, Humiliation, Grief, Guilt and Shame. (Paperback)

By Ivan G Peternichki

Createspace, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. PTSD Treatment that works! - This book has served to help me get past some of the difficult deep rooted wounds that trigger me. I think the scope of this book goes well past those of us identified with PTSD and that anyone and everyone can find fast and easy healing by incorporating its techniques. Five Stars! Olivia B. Discover how emotional trauma and PTSD are created and what is supporting their existence! Find out why the negative experiences you have had are not the real source of the problem! Learn how to erase in a matter of minutes, and sometimes even just in seconds, all negative thoughts and emotions, associated with any traumatic event in your life or in the life of your loved ones! When the emotional charge, associated with the event, is released the meaning you have assigned to the event will be transformed naturally and effortlessly. This will miraculously empower you to see the positive side of the event and to perceive it not only as a disaster, but as an opportunity to learn, change, grow and evolve. Fast...



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