



Minimalist Budget: Simple Strategies on How to Save More, Spend Less, and Curb Spending Temptation (Without Living on Ramen) (Paperback)

By Zoe Mckey

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are you struggling with debt and saving money? Can't say no to the tempting sales even though you know better? Has budget has gone off track? Where the heck did your money go? You're not alone. Minimalist Budget will help you to turn your bloated expenses into a well-toned budget, spending on exactly what you need and nothing else. This book presents solutions for two major problems in our consumer society: (1) how to downsize your cravings without having to sacrifice the fun stuff, and (2) how to whip your finances into shape and follow a personalized budget. This is not a get rich quick book. But I can promise day-by-day, month-by-month, you'll budget better and become richer as a consequence. Regardless of how much your income is we'll find a way to budget, save, and increase your net worth. Since my youth, I've had to live on a budget that ranged from \$100 to \$200 a month if I was lucky. Even though I never knew how much I would have the next month, I...



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Reviews

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